

AFTER SUFFERING A WHOLE YEAR

Mrs. King Was Made Well by Lydia E. Pinkham's Vegetable Compound.

Iola, Kansas.—"I was a constant sufferer from female trouble for about a year. I had pains in my back and stomach, in fact all over me, and was all run down. A friend of mine was cured of the same trouble by Lydia E. Pinkham's Vegetable Compound. I took it and it gave me health and strength and made a new woman of me. I cannot praise your Vegetable Compound too highly, and you may publish my testimonial as it may be the means of helping some other suffering woman."—Mrs. IRENE KING, 105 West Campbell Street, Iola, Kansas.

The great number of unsolicited testimonials on file at the Pinkham Laboratory, many of which are from time to time published by permission, are proof of the value of Lydia E. Pinkham's Vegetable Compound, in the treatment of female ills.

Every ailing woman in the United States is cordially invited to write to the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for special advice. It is free, ready to bring you health and may save your life.

RANDOLPH

Mr. and Mrs. G. J. Stockwell were greatly surprised on Monday night when nearly forty of their friends from the Methodist church went in to visit them, taking along with them their refreshments of cake and coffee. The various parties met and went in together, giving them a complete surprise. A program was given, which was opened by a piano solo, given by Carolyn Wright. This was followed by remarks from Dr. Bailey, Rev. Joseph Hamilton and Rev. R. H. Moore, who presented Mr. Stockwell with a nice fountain pen and a book of remembrance, for his use at the coming session of legislature at Montpelier. This was followed by remarks from Supt. G. W. Patterson and P. B. Daniels, after which Mrs. Moore presented Mrs. Stockwell a sunshine box, giving the same with appropriate remarks. The evening was arranged by the St. Andrew's Brotherhood, and the Sisters of Ruth of the Methodist church, and was a very pleasant occasion. The refreshments were served and an enjoyable social hour closed the evening.

Zeph Sault, who lives near Boston, has been in town this week to visit his mother, Mrs. Aurelia Sault, who has been ill with a severe cold for several weeks.

Mrs. Ellen Brown, who has been in Montpelier at the Heaton hospital for an operation and later has been boarding there a month, came on Tuesday for a short stay with her sister, Mrs. C. R. Pratt, and then went to Bethel, where she will make a short stay with her brother, E. L. Bass, before going on to her home in Pittsfield.

Fred Mancostroppe of St. Albans, a railroad conductor, who underwent an operation at the sanatorium of Dr. Greene in Bethel on Saturday, seems to be doing well. His wife came from St. Albans on Monday to visit him and returned home Tuesday.

Martin Sargent, after passing three months at the Bennington soldiers' home, came on Monday evening for a short stay here.

Mrs. Ernest Sargent of Woodsville, N. H., came on Tuesday for a few days' stay with her sister, Mrs. John Sherburne.

Mrs. W. H. Dukette and her daughter, Miss Dukette, have come from Portsmouth, N. H., where they are at present living, and have been with friends here this week.

Miss Mildred Spooner, a student nurse at the Heaton hospital, Montpelier, came on Tuesday for a short stay with her parents, Mr. and Mrs. B. C. Spooner.

Mrs. Harry Chase came from Lisbon, N. H., Tuesday, where she has been since Saturday with Mr. and Mrs. W. C. Emerson. On her return she found her three children ill with an attack of the grip.

Charles Stockwell and Rev. Joseph Hamilton went to Montpelier on Tuesday to be present at the opening of the legislature on the following day.

J. H. DuBois has been confined to the house by illness for a few days, but he is reported better at present.

GROTON

Death of George H. Pillsbury, Well Known Citizen.

George H. Pillsbury passed away Monday forenoon after a long period of ill health, the last few months of which were attended with much suffering. Funeral services were held this afternoon at his late home on Main street, Rev. F. W. Lewis officiating, and burial was in the village cemetery. The beginning of Mr. Pillsbury's illness dates from a severe attack of the grip ten years ago. This developed diabetes which, despite all efforts to overcome it, has gradually sapped his once robust health. A year ago last August he suffered the amputation of one limb and some months later the other foot. Although this brought relief for a time, the disease could not be overcome. George H. Pillsbury was born in Topsham 59 years ago. He was educated in the common schools and at Barre academy. In February, 1883 he was united in marriage to Ella Chalmers of Topsham, and they came to Groton in 1886, which has since been their home. Mr. Pillsbury served on the board of school directors for many years, and was instrumental in establishing the high school in 1897, which was maintained here for a considerable length of time. In 1905 he entered into partnership with M. D. Coffin in the furniture and undertaking business, which was successfully conducted until failing health compelled him to relinquish activities to a large extent. When in health he was an active member and promoter of Caledonia lodge, Knights of Pythias. That he was generous and large hearted was evinced by the fact that he took and reared as his own the two small daughters of his brother-in-law, the Misses Margaret and Carrie Chalmers of West Topsham, when their father, William Chalmers, died suddenly, leaving a large family. Mr. Pillsbury is survived by his widow and four sons, Charles J. of Barre, Wilson W. of Groton, Ralph E. of Bellows Falls, and Waldo of Keene, N. H., and six grandchildren. An uncle, George Pillsbury, resides in Hanover, N. H.

Mrs. Ernest Taisey was a visitor in Woodsville, N. H., Monday.

Mrs. Emma J. Clark went yesterday to Wells River to pass some time with Mrs. Josephine Clark.

Mrs. Allen Smith was a recent visitor in St. Johnsbury.

Mr. and Mrs. Alex. McElroe were business visitors in Montpelier yesterday.

The Groton Manufacturing Co. plant is closed down this week owing to lack of orders.

Mrs. Margaret Markham left Monday for St. Johnsbury, where she will pass a week with relatives, before leaving for Los Angeles, Cal., where she plans to pass the remainder of the winter. She will be accompanied on the trip by Mrs. Ellen Lane of Littleton, N. H., her cousin.

B. S. Eastman and son, Cyrus, left yesterday for Montpelier. Mr. Eastman is to take up his duties as representative and Cyrus as page in the House.

The annual business meeting and roll call of the Baptist church was held at their vestry on Saturday. Dinner was served at noon. A good number was present notwithstanding the stormy weather.

The body of Alexander Cochran was brought here Saturday from Wells River, where funeral services were held Friday afternoon. Burial was beside his wife, who passed away five years ago. Those who accompanied the body here were Mrs. Josephine Clark of Wells River, Mr. and Mrs. Howard Fletcher of Boston, Mrs. Horace Armstrong of Washington, D. C., Nelson Bailey, Roy Farwell and Mrs. Jennie Crown of Wells River.

Louis Calderara of Barre arrived here recently and is with his family at Mrs. Albert Chiodi's. Mr. Calderara was lately discharged from the Barre City hospital, where he has been for many weeks, slowly recovering from pneumonia.

Mrs. Mary J. Hall was taken suddenly ill Tuesday morning. A nurse has been called to attend here, although her condition has improved somewhat.

TOPSHAM

A daughter was born to Mr. and Mrs. G. L. McLam at Hanover hospital, Saturday, Jan. 4. Congratulations.

Mrs. P. J. McNamara is on the sick list. Dr. G. W. Darling of South Ryegate was called to see her on Monday.

Miss Hilda Fuller has closed her labors at the home of James Welch and returned to her home in Newbury.

E. E. Powers was at Bradford on Tuesday.

The children of H. C. McLam are ill with hard colds. Dr. Hudson was called to see them last Friday night.

Charles Evans has moved into the O. S. Mont house in the village.

Mrs. Jennie Smith is stopping with her daughter, Mrs. F. O. Downing for the present.

Mr. and Mrs. J. B. Smith have received



The Expectant Mother

"The Shadow of Coming Events" often darkens the days of the expectant mother.

Constipation, always a handicap to the health and happiness of every woman, becomes doubly dangerous to the woman who is preparing to fulfill her highest duty—maternity.

The expectant mother must nourish two. She must be able to get rid of a double waste. Failure to do so poisons herself and the child that she is to bring into the world.

Constipation means more than mere failure to have a regular thorough bowel evacuation. It means stagnation of waste matter in the bowels, production of irritant and poisonous matter, its absorption into the blood and distribution all over the body.

It means aggravation of all these discomforts that attend the period of pregnancy. It contributes to the tragedies of childbirth. It prejudices the ability of the mother to nurse her child after it has been born.

And, it is dangerous to employ pills, castor oil, purgative mineral waters, salts, etc., that force the bowels to act.

But the Nujol Treatment for Constipation is not only harmless but in every way efficient.

Nujol helps Nature to re-establish natural, thorough, bowel evacuation, regular as clockwork.

Nujol is absolutely harmless.

Nujol is not absorbed. It cannot affect the child. It is easy and pleasant to take.

Best of all, Nujol not only overcomes constipation, but it hinders the formation of poisons in the bowels, absorbs and carries them out of the body, thus preventing complications.

Get Nujol from your druggist and take according to directions.

Warning: Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

Nujol Laboratories
(STANDARD OIL CO. (NEW JERSEY))
50 Broadway, New York



word from their son, Fred, in France, stating that he is well and hopes to be home to help sugar in the spring. He said he was at the front for a long time, and saw many hard days.

Frank Downing, Jr., is not as well at this writing. Dr. Darling was called to see him last Thursday.

Mrs. Hannah Downing has gone to Washington to visit her son, Fred Downing.

Edwin Miller, who has been stationed at Camp Oglethorpe, Ga., has been discharged from military duty and is at present with his aunt, Mrs. H. B. White.

Fathers, mothers and wives of men in the 26th division, who wish to attend the Gen. Edwards reception in Barre on Jan. 16, please send their names to Gen. Edwards committee, Box 398, Barre. Seats will be reserved for the evening meeting for all who send in their names, and they will also be presented to the general at 4 o'clock the afternoon of Jan. 16 at the reception in the Howland hall.

Sgt. Roy E. Powers, second son of Mr. and Mrs. Elmer E. Powers, died at base hospital, Spartanburg, S. C., Dec. 18, 1918, at 9:40, at the age of 28 years, five months and 17 days. The cause of his death was peritonitis following an attack of pneumonia. Beside his parents the deceased leaves to mourn his loss six brothers and three sisters, and a large circle of friends and acquaintances. While sleeping in the dust, the memory of the departed ever lives to impart a consciousness that dwells upon the relations severed by death. Roy E. Powers enlisted in June, 1917, in Company H, 1st Vermont infantry, at Fort Ethan Allen, Orders were given to proceed to Westfield, Mass., only to remain a few months at Camp Greene, Charlotte, N. C., was the next assignment. The emergency of the moment demanded order to be given to proceed to Camp Wadsworth, Spartanburg, S. C. This proved to be his last camp, where the deceased should give his life of honor and fidelity to his country. The memory of his parents, for here the deceased received promotion to corporal, then sergeant in the quartermaster detachment, showing at this time such qualifications that promised high distinction in military circles. In the midst of these successes the hand of sickness laid itself on him and temporarily prevented him from following his duties. For some time with medical skill and efficient nursing hopes were entertained for his recovery, but on Dec. 18, 1918, the end came—a life surrendered. The respect in which the deceased was held, was manifested by the authorities by sending to his parents each day the conditions of his sickness. The body was brought to Topsham under guard by a soldier of the detachment. On Dec. 23, 1918, after a prayer at the home, the service was held at the United Presbyterian church, Rev. C. A. Lay officiating. The choir, consisting of Mrs. H. Leet, Mrs. P. Miles (organist), Miss Alice McLam and Mr. Bromley, sang very effectively "In the Sweet By and By." "Some Time We'll Understand," and "Abide with Me." The address was taken from Psalm 46, verse 1, "God is our refuge and strength, a very present

help in trouble." The members of Randolph post, E. A. R., were present, taking charge of the body at the cemetery and reading their ritual. He was laid to rest in the Stars and Stripes, a brother soldier. Expressions were sent from his comrades testifying to his faithfulness to duty, allegiance to his country, and beloved by all. As a member of the Y. M. C. A. he showed great activity in maintaining the morale of his detachment.

SOUTH BARRE

South Barre grange will hold its next regular meeting Thursday evening at 7 o'clock. Members please notice change of time. At 8:30 there will be a public installation of officers for the ensuing year. Worthy Over-seer George C. Flint of the Vermont state grange will be the installing officer, with Mrs. Agnes Witham as assistant. A short literary program will be given—adv.

Physician Explains Who Should Take Nuxated Iron

Practical Advice on How to Help Build Up Great Strength, Energy and Endurance.

Commenting on the use of Nuxated Iron as a tonic, strength and blood builder by over three million people annually, Dr. Francis Sullivan, formerly physician of Bellevue hospital (Out-door Dept.), New York, and The County Hospital, said: "Lack of iron in the blood not only makes a man a physical and mental weakling, but it is a highly nervous condition due to the lack of vitality force, that is, the strength of will which is so necessary to success and power in every walk of life."

It may also transform a beautiful, sweet-tempered woman into one who is cross, nervous, irritable, and all "run down" while at 20 or 30 with plenty of iron in your blood you may still be young in feeling, full of life, your whole being brimming over with vim and energy."

For want of iron you may be an old man at thirty, dull of intellect, poor in memory, nervous, irritable, and all "run down" while at 20 or 30 with plenty of iron in your blood you may still be young in feeling, full of life, your whole being brimming over with vim and energy."

man and woman who wants to possess perfect health, great physical endurance and a strong, keen nervous system, tell him how to increase the iron in our blood and thereby gain greater physical and mental power, brighter intellects and better health.

But in my opinion you can't make strong, vigorous, successful, sturdy iron men, and healthy, rosy-cheeked women by feeding them on metallic iron. The old forms of metallic iron must be transformed into organic iron before they are ready to be taken up and assimilated by the human system. Nature is waiting all that has been said and written on this subject to be put into practice by the people of this world.

People still insist on doing themselves with metallic iron, simply, I suppose, because it costs a few cents less. Strongly advise readers in all cases to get a physician's prescription for organic iron—Nuxated Iron—or if you don't want to go to this trouble then purchase Nuxated Iron in its original packages and see that this particular name (Nuxated Iron) appears on the package. If you have taken preparations such as Nux and Iron and other similar iron products and failed to get results, remember that such products are an entirely different thing from Nuxated Iron. Manufacturers' Note—Nuxated Iron, which is used by Dr. Sullivan and others with such surprising results, and which is prescribed and recommended above by physicians, is not a secret remedy, but one which is well known to druggists everywhere. Take the solid inorganic iron product it is easily assimilated and does not injure the stomach, make them black nor upset the stomach. The manufacturers guarantee successful and satisfactory results to every purchaser or they will refund your money. It is dispensed by all good druggists.



SOUTH RANDOLPH

C. L. MacPhetres Gets Word of Death of Another Son in France.

The family of C. L. MacPhetres has received notice of the death of another son in France, Sergeant Harland A. MacPhetres, killed in action at the front. Another young life, so full of promise and hope for the future, went out in the darkness of death and again the home is made desolate, and hearts left crushed and bleeding. The whole community sympathize with the sorrowing family and extend them many kindnesses which tend to soften grief and comfort the broken-hearted.

E. D. Camp has heard from his son, Clarence E. Camp, in Stockton, Cal., saying: "We have had the flu again, and much harder this time. I was sick in bed for the first time since leaving home in 1903. Mrs. Camp did not have it so hard. The doctor said she would not, as she had the grip in 1890."

The Brigham Co. truck, which has been hauling cream and milk to Randolph for the last six months, was laid up in Camp's garage last week for repairs. It has taken six or more pair of horses the past week to do the work the truck was doing.

Mrs. John Wells is ill with influenza and sore throat. Richmond Camp is convalescing from the same.

Albert Comings has finished work for J. G. Greene and is working for Archie MacPhetres.

Frank Fisk has installed the delecto system to light his farm buildings.

Loren Rea is cutting wood and lumber on the Camp lot, known as the Burnham pasture, to be delivered at South Royalton.

BROOKFIELD

The ladies of the Second church and aid society will hold their meeting with Mrs. A. L. Follansbee Thursday afternoon, Jan. 16, to lay plans for work during the year.

Mrs. Clara Beard, Wardner, who had been sick several weeks at the home of her sister-in-law, Mrs. C. E. Beard, died Monday morning, Jan. 6, at 11 o'clock. The funeral was held Wednesday afternoon at the home of Mrs. Beard. Dr. F. J. Locke officiated. Interment was at East Roxbury, by the side of her husband, who died several years ago.

Mrs. Eva Foss entertained several days this week her sister and husband and their daughter of Montreal, Canada.

The annual meeting of the Order of Eastern Star Thursday evening, Jan. 9. Time for election of officers. It is desired all members be present.

Miss Fay Beard came Monday from her work in New York City to stay a few days with her mother.

The members of the First church at their annual church meeting last week, voted to open their church May 1 and resume preaching services.

Mr. and Mrs. P. O. Ralph spent New Year's day with their son, Neil Ralph, and family in Barre.

A daughter, Olga Elaine, was born to Mr. and Mrs. E. W. Chase Dec. 31.

A. R. Runney and Dr. E. E. Ellis attended the Masonic meeting in Williams-town Thursday evening.

Miss Nancy Abbott has not been so well of late. She is now confined to her bed.

Earl Haggitt, who has been stationed at Camp Humphrey, Va., has received his discharge and arrived home Friday morning.

The annual church meeting and roll call of the Second church will be held at the church parlors Saturday afternoon, Jan. 11, at 1 o'clock. Dinner will be served at noon.

There was no grange meeting last Friday evening on account of so much sickness among the members. The next meeting will be Jan. 17. The officers will be installed and the annual supper will be served to the grangers and their families.

The regular meeting of the W. R. C. and installation of officers will be held Saturday afternoon, Jan. 18. Dinner will be served at noon.

Dwight L. Buck of East Roxbury, formerly of this town, died Tuesday morning after a long period of poor health. His wife and three children were in the 26th division, who wish to attend the Gen. Edwards reception in Barre on Jan. 16, please send their names to Gen. Edwards committee, Box 398, Barre. Seats will be reserved for the evening meeting for all who send in their names, and they will also be presented to the general at 4 o'clock the afternoon of Jan. 16 at the reception in the Howland hall.

Meeting of branch No. 12, Q. W. L. U. of N. A., will be held in Miles' hall on Wednesday evening, Jan. 8, at 7 o'clock. Election of officers and other important business. All members be present. Per order secretary.

Meeting of the A. O. H., division No. 3, Thursday evening at 7 o'clock. Installation of officers. Members requested to attend. Per order Pres. Peter Murphy.

GRANITEVILLE

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For convalescence after Measles, Whooping Cough

WHEN that youngster of yours is looking pale and feeling weak, you should be sure to secure at once the food tonic that will make new blood corpuscles, that will build up the tissues, and help to restore the old-time health.



BOVININE for Strength

contains the vital power of beef blood, and for over 30 years it has been generally chosen by physicians as an unexcelled food tonic.

It is rich in "food iron," is not antagonistic to any medication and helps the beneficial action of whatever treatment the doctor is using.

BOVININE tones up the appetite and aids in restoring the blood to the normal standard.

For all ages—a splendid strength-maker!

Ask your physician or druggist

12 oz. bottle - \$1.15

6 oz. bottle - .70

THE BOVININE COMPANY

75 West Houston Street New York

TUNBRIDGE

Fred V. Tuiler, P. D. C., was in Chelsea Wednesday evening last week to install the newly elected officers of H. E. K. Hall, Camp No. 28, S. V.

The officers of the local grange were installed last evening by Rev. J. C. Mitchell.

Harley F. Durkee, who has been spending a couple of weeks with his parents

and other friends here, returned to his old job with the city school board of Cleveland, O. He recently received honorable discharge from U. S. service.

Services at both churches next Sunday as usual.

C. H. Stevens is recovering from an attack of influenza.

Officers of Whitney W. R. C. were installed Saturday by the new president, Mrs. Augusta Morrill.

Watch Your Little One Smile

Cascarets clean the clogged-up places.

Bring joy to cross little faces.

Sell for a dime—"work" every time.



MOTHERS! You can always bring back the jolly smile of health with Candy Cascarets. When a child's tongue is white or if breath is feverish and stomach sour, remember a Cascaret to rid the liver and bowels of bile, nasty fermentations and constipation poison, is all that is needed. Children love this pleasant candy cathartic which never grieves, never injures. Cascarets never disappoint the worried mother. Give Cascarets to children aged one year old and upwards. Each 10 cent box contains full directions.

AUTOMOBILE OWNERS, ATTENTION!

We have leased the Palace Garage, formerly conducted by Mr. H. F. Cutler. We are going to open up same for business Feb. 1. We are going to maintain as follows:

FIRST-CLASS SERVICE DEPARTMENT, for cars of all makes, employing skilled mechanics that know their trade only.

STORAGE BATTERY SERVICE STATION; recharging, repairing, also new batteries. We make a specialty of repairing generators, self-starters, magnetos and ignition systems.

We will also have a full line of supplies and tires.

Yours for service—

Palace Garage

STORAGE REPAIRING SUPPLIES

11 Years' Experience—Workmanship Guaranteed

CHARLES ARNHOLM

H. A. DUNBAR

Starting the New Year Right

Owing to such a continuous increase in the growth of my practice, I have been obliged to seek additional room. Therefore, I have secured as a reception parlor, the large room formerly occupied by Dr. Watt and Dr. Reid, and have also remodeled an extra operating room. The office as it stands to-day is second to none in the state as a sanitary and up-to-date dental office.

Set of Teeth \$10.00 Porcelain Fillings . . . \$1.00-\$1.50

Porcelain Crowns . . . \$5.00 Silver Fillings 75c-\$1.00

Guaranteed 22-karat Gold Crowns . . . \$5.50

Teeth extracted absolutely without pain by the new method of conductive anesthesia at 50c per tooth. I also administer gas and oxygen for extractions. All work strictly guaranteed.

Dr. Meagher's Dental Parlors

Miles